

# Curriculum Vitae

## James Fadiman, Ph.D.

### Education:

- B.A. Harvard University in Social Relations 1960
- M.A. Stanford University in Psychology 1962
- Ph.D. Stanford University in Psychology 1965

### Present Positions:

- Senior Research Fellow, Sophia University, Palo Alto, California
- Microdose researcher, research design consultant
- Author, lecturer

### Previous and Part-Time Positions:

1974- 2013 Adjunct Full Professor: Institute of Transpersonal Psychology, Palo Alto,

2010-2012 President, Pinesoft, LLC. Wiggins, Mississippi.

2009 - 2010 President, Tomorrow's Energy. (Produces low carbon emission wood pellets for heating and energy production.) Wiggins, Mississippi

1987-2007 Trustee: The Crosby Trusts, Palo Alto, California (timberlands, natural gas wells, asset management)

1988— Trainer (Taught seminars) Partial list: Tandem Computer, Federal Home Loan Bank of Seattle, American Heart Association, Weyerhaeuser Corporation. Carnegie Institute of Technology

1969— Lecturer, Extension Division: University of California: Berkeley, Los Angeles, Irvine, Riverside, Santa Barbara, and Santa Cruz

1968— Editorial Consultant: Includes Harper and Row, Brooks/Cole, Macmillan, Wiley, Addison-Wesley, Dutton, Jeremy Tarcher

1968— Management Consultant: (partial list) ITT, Dow Chemical, Lockheed Space and Missiles, Mini-Computer, Presbyterian Hospital System, SuperStill, Federal Home Loan Bank, Nomadic Systems, Sun Microsystems

1965— Literary Agent: Clients have included Ram Dass [Richard Alpert], Kathleen Speeth, Gayle Delaney, Daniel Goleman, John Fox

1973–2000 President: The Fadiman Corporation, a consulting firm

1997–1999	Instructor: Creative Problem Solving, Hewlett-Packard
1992–1998	Senior Instructor: Unlimit Your Life Seminars
1972–1991	Senior Instructor: Omega Seminars, Inc.
1975–1986	Professor: Institute of Transpersonal Psychology, Menlo Park, California
1973–1983	Lecturer: Design Division, Department of Mechanical Engineering, Stanford University
1975–1977	Director, Institute of Noetic Sciences, Menlo Park, California
1969–1975	Adjunct Faculty: Union Graduate School, California; State University at Sonoma, California School for Professional Psychology
1973–1974	Lecturer, General Studies Program, Stanford University
1965–1972	Senior Associate, Patrick Sullivan and Associates. (Psychological Consultants to Management), San Francisco
1969–1972	Senior Counselor, Student Health Service, Stanford University
1969–1971	Stanford Research Institute, Menlo Park, California, Augmentation Human Intellect (computer development and applications)
1969–1970	Lecturer, General Studies Program, Stanford University
1967–1970	Journal of Humanistic Psychology: Editorial Assistant; Assistant Editor; Associate Editor
1969	Instructor (with Blair Stapp): Film and Photography (graduate level), San Francisco Art Institute
1967–1968	Assistant Professor of Psychology, Brandeis University
1965–1966	Assistant Professor of Psychology, San Francisco State College
1962–1965	USPH Pre-Doctoral Research Fellow, Stanford University
1965	Teaching Assistant, Psychology Department, Stanford University
1964	Clinical Trainee, VA Hospital, Palo Alto, California
1962	Research Assistant, Institute for the Study of Human Problems,

Stanford University

1961      Assistant to the Overseas Manager of Encyclopedia Britannica Films, Inc.,  
Paris, France

**Board Memberships:**

Chairperson, Institute for Poetic Medicine, Mountain View, CA (2010-2016)

Member, Board of Directors, AVJ Management, Yonkers, New York (2002– 2008)

Member, Board of Directors, Aikido West, Redwood City, California (1985–2017)

Member, Board of Directors, Racolin Management Corp., Bronx, New York  
(1975–2003)

Member, Board of Directors, Latinvest, New York City, New York (1991–1995)

Member, Board of Directors, Superstill Technology Inc., Redwood City, California  
(1991–1994)

Member, Board of Directors, L.O. Crosby et al., Jackson, Mississippi (1980–1994)

Member, Board of Directors, International Transpersonal Institute, Mill Valley,  
California (1989–1991)

Member, Board of Directors, Small World Inc., Palo Alto, California (1984-86)

Member, Board of Directors, Educational Computer Corp., Palo Alto, California  
(1983-86)

Vice-President, Board of Directors, Institute of Noetic Sciences, Menlo Park,  
California (1975–1978)

Board of Governors, California Institute of Integral Studies, San Francisco (1977–  
78)

President, Association for Transpersonal Psychology, Palo Alto, California (1972–  
1975)

Board of Directors, The Transpersonal Institute, Palo Alto, California (1969–1977)

Trustee, Lama Foundation, Lama, New Mexico (1967–1973)

**Advisory Board & Related Positions (some honorary- various years)**

- Center for Psychedelic Studies, Toronto, Ontario, Canada
- The Albert Hoffman Foundation, Los Angeles, California
- Canadian Institute for Psychosynthesis, Inc., Montreal, Quebec
- Kentucky Center for Bio-Psychosynthesis, Lexington, Kentucky
- East-West Academy of Healing Arts, San Francisco, California
- The Center for Attitudinal Healing, Tiburon, California
- Shanti Project, San Francisco, California
- Continuum, California Museum of Science and Industry, Los Angeles, California
- Pacific Graduate School of Psychology, Palo Alto, California
- Institute for Humanistic and Transpersonal Education, Amherst, Massachusetts
- Executive Council, Institute for Integral Medicine, Beverly Hills, California
- Advisory Council, Planetary Citizens, United Nations Plaza, New York, New York
- Editorial Advisor: ReVision
- Editorial Advisor: Brain/Mind Bulletin
- Editorial Board: The International Journal of Eclectic Psychotherapy
- The Australian Journal of Transpersonal Psychology
- The International Journal of Transpersonal Studies

**Editorial Positions:**

- Associate Editor, Journal of Transpersonal Psychology
- Board of Editors, Journal of Humanistic Psychology
- Series Editor, Spectrum Books, Transpersonal Series, Prentice-Hall

**Professional Associations:**

- American Psychological Association
- Association for Humanistic Psychology
- Society of Sigma Xi
- Bio-Feedback Society
- American Association for the Advancement of Tension Control
- Association for Transpersonal Psychology

## **Publications:**

### **Books/Films, Video,/Photographs/Poems/Stories/Articles/Audio/Columns/Reviews**

#### **Books:**

*MICRODOSING for HEALTH, HEALING, and ENHANCED PERFORMANCE*, The St. Martin's Publishing Group (Macmillan Publishers), 2025.

*Symphony of Selves-Who You Are and Why You Don't Know It*. Inner Traditions (Park Street Press) Rochester, Vermont, 2020.

*The Psychedelic Explorer: Safe, Therapeutic and Sacred Journeys*. Park Street Press, Rochester, Vermont, 2011. Spanish Edition: Gaia Ediciones, Madrid, 2017, Polish Edition, Ktytyka Polityczna, 2019

*The Other Side of Haight* (a novel), Celestial Arts, Berkeley, 2000.

*Essential Sufism* (edited with Robert Frager), HarperCollinsSanFrancisco, 1997. Paperback, 1999. Indonesian Edition, 2001. Spanish Edition 2006, Bosnian Edition 2009, Different Indonesian Edition, 2010

*Maria Cassino* (a play), 1991. First production Manhattan Theater, Palo Alto California, 1995.

*UnLimit Your Life: Setting and Getting Goals*, Celestial Arts, 1989, Chinese Edition, China Times Publishing, 1991. Japanese Edition, TBS Britannica, 1994. French Edition, Stanke' Publications, 1994. Spanish Edition, 1997. Re-released, 2012.

*Motivation and Personality* (Third edition by Abraham Maslow; revised with Robert Frager, Cynthia McReynolds, and Ruth Cox), Harper and Row, 1987.

*Be All That You Are*, Westlake Press, 1986.

*Personality and Personal Growth* (with Robert Frager), Harper and Row, 1976. Second U.S. Edition, 1984. Third U.S. edition, 1994. Spanish edition, 1979. Portuguese edition, 1980. Japanese edition (3 Volumes), 1989, 1990, 1991. Fourth U.S. edition, 1997. Russian edition, 1998. Fifth U.S. edition, 2001. Indian Edition, 2006, Sixth U.S. edition, 2004, Seventh U. S. Edition 2013.

*Health for the Whole Person* (edited with Arthur Hastings and James Gordon), Westview Press, 1981. Bantam, 1981.

*Holistic Medicine* (edited with Arthur Hastings and James Gordon), National Institutes of Mental Health, 1979.

*Exploring Madness: Experience, Understanding and Research* (edited with

Don Kewman), Brooks/Cole, 1973. Second Edition, 1979.

*Transpersonal Education* (edited with Gay Hendricks), Prentice-Hall, 1976.

*Relax* (edited with John White), Dell Books/Confucian Press, 1976.

*The Experience of Psychosynthesis* (James Fadiman, Ed.), 1976 (unpublished).  
Norwegian Edition: *Opplevelsen av Psykosyntese*, Muligheten Forlag, Oslo, 2008

*The Proper Study of Man: Perspectives on the Social Sciences*, Macmillan, 1971.

### **Books Prepared for Restricted Use:**

*Creative Problem Solving*, 1998 (prepared for Hewlett-Packard).

*Creativity: Readings and Assignments*

- Class Editions: 1983, 1984, 1985, 1986.
- External Degree Editions:(plus audio tape) 1986, 1987, 1990.

*States of Consciousness: Readings, Commentaries, and Assignments* (1987)

- Part I: Introduction and Theory.
- Part II: The Problem of Attention.
- Part III: Inner voices; An Unresolved Issue.

*Writing Fiction: A Cookbook* (1999).

### **Photographs – Exhibitions:**

2003 Menlo Café, Menlo Park, California

2001 Institute for Transpersonal Psychology, 25<sup>th</sup> Anniversary, Palo Alto, California

2000 Mark Wellness Center, Redwood City, California  
Pangene Corporation, Fremont, California

### **Poems:**

*Illusions* (with commentary), in *Poetic Medicine*, John Fox, Tarcher/Putman, New York, 1997, pp. 262-263.

*The Bamboo*, Newsletter # 7, EUROTAS, August 2000, p. 1.

### **Short Stories:**

“The Be-In, Part I.” Chapter 23, from *The Other Side of Haight*, The Island Views, Vol. 4, # 2, 1997, pp. 44–45.

“The Be-In, Part II.” Chapter 23, from *The Other Side of Haight*, The Island Views, Vol. 4, # 3, 1997, pp. 50–51.

“Death Come Home!” PanGaia, # 13, Autumn, 1997, pp. 43–45.

“King Ambar and the Vishnoo Flinger,” PanGaia, # 14, Winter. 1997, pp. 49–54.

“Frivolous: A previously untranslated Socratic dialogue, Part II,” Enneagram Monthly, 1997, Vol. 3, # 4, pp. 15–17.

“Frivolous: A previously untranslated Socratic dialogue, Part I” Enneagram Monthly, 1997, Vol. 3, # 3, 1, pp. 16–17.

“The Bone Field,” Sufi, Magazine, London, # 34, 1997, pp. 16–19.

“Shiva’s Spider,” Sufi Magazine, London, # 32, 1996, pp. 38–41. PanGaia Magazine, # 18, Winter. 1998–99, pp. 62–65. The International Journal of Transpersonal Studies, Vol. 18, # 2, 1999, pp. 103–108. The Institute of Noetic Sciences Review, # 54, 2000.

“A Long Way Home,” The Green Man, Fall, 1996, pp. 20–26.

“Grandfather lived in Heaven.” 2nd place in short story contest, Palo Alto Weekly, November 30, 1988, pp. 28–30.

“The Cave,” Leverett Review, Spring, 1960, pp. 26–27.

## **Articles:**

Shifting Selves Might Save Your Life: Being In the Right Mind at the Right Time (with Jordan Gruber) Inner Self, 2020 (in press)

Microdosing: Naturalistic Results and Concerns (with Sophia Korb) Frontiers in Psychiatry, 2019, (in press)

Comment (with Sophia Korb) to article: "Microdosing Psychedelics - more questions than answers? An overview and suggestions for future research" Journal of Psychopharmacology. (in press)

Might Microdosing Psychedelics Be Safe and Beneficial? An Initial Exploration (with Sophia Korb) Journal of Psychoactive Drugs, 2019. (in press)

Future Issue in Microdose Use: Some Disruptive Possibilities, (with Sophia Korb)  
Frontiers in Psychiatry, 2019. (in press)

Descriptive assemblage of psychedelics microdosing: Netnographic study of  
Youtube videos and on-going research projects. (with A. Hupli, M. Berning, & A.  
Zhuparris). Performance Enhancement & Health, 2019, [Volume 6, Issues 3–4](#), pp.  
129-138

Reflections on ITP and Transpersonal Education. Journal of Transpersonal  
Psychology, 2019. V 50 pp. 49-56

50<sup>th</sup> Anniversary Reflections from (a few) of the past presidents of the Association  
of Transpersonal Psychology (with D. Judy, D. Lukoff & S. Sovatsky), Journal of  
Transpersonal Psychology, 2019. V 50 pp. 38-46

Microdosing Psychedelics (with Sophia Korb) in Advances in Psychedelic  
Medicine: State-of-the-art Therapeutic Applications. Edited by Michael  
Winkelman. and Ben Sessa. Santa Barbara: Praeger/ABC-CLIO, 2019, pp. 318-  
335.

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3 Basic Freedoms, Prepared for book edited by SAND. 2019 (in press)

The Condensed Psychedelic Explorers Guide in Psychedelic Medicine: The  
healing powers of LSD, MDMA, Psilocybin, and Ayahuasca. Park Street Press,  
Rutland VT. 2017. pp.55-68.

James Fadiman in Investigacion Y Psicoterapia Psicodelica: Pasado, Presente  
Y Futuro, Iker Puente, La Libre De Marzo, Espagne, pp.46-67.

Microdose Research: Without Approvals, Control Groups, Double-blinds, Staff  
or Funding, Psychedelic Press, V.15, 2016. pp. 53-59

Buddhism and Psychedelics: A Public Dialogue, (with Kokyo Henkel) in Zig Zag  
Zen: Buddhism and Psychedelics, Edited by Alan Bandier and Alex Gray.,  
Synergetics Press, Santa Fe, New Mexico, 2015, pp. 206-214.

The Transpersonal, Psychedelics, and Mainstream Psychology: Why the Wide  
Divide. In The Psychedelic Policy Quagmire: Health, Law, Freedom, and Society.  
J. Edited by Harold Evans and Thomas B Roberts, Praeger, Santa Barbara, 2015,  
pp. 203 –215.

Interview in Frontiers of Psychedelic Consciousness, David Brown Editor and  
Interviewer), Park Street Press, Rutland VT, 2015



Psychedelic Use and Contemporary Buddhist Practice: Personal Insights and a Public Dialogue. (with Kokyo Henkel) In Seeking the Sacred with Psychoactive Substances: Chemical Paths to Spirituality and to God. V 1, J. Harold Ellens, Editor, Praeger, Santa Barbara, 2014, pp 319-340.

Psychedelic-induced Experiences (with Andrew Kornfeld) in Handbook of Transpersonal Psychology, Edited by H. L. Friedman & Glenn Hartious, Wiley and Son, New York, 2013, pp. 352-366.

Psychedelic Research and Social Implications (interview with Maciej Lornenc) Tans/Wizie 2012. Expanded Version , Ktytyka Polityczna, 2019, in press.

Opening the Doors of Perception. in Time It Was: American Stories from the Sixties: Produced and Edited by Karen Manners Smith and Tim Koster, Pearson/Prentice-Hall, 2008, pp. 228-235.

Transpersonal Transitions: The Higher Reaches of Psyche and Psychology in Higher Wisdom: Eminent elders explore the continuing impact of psychedelics. Edited by Roger Walsh and Charles S. Grob. State University of New York Press, 2005, pp. 21-45.

Psychedelic Research Revisited. (An interview with comments by Charles Grob, Gary Bravo, Alise Agar, and Roger Walsh) Journal of Transpersonal Psychology, 2003, Vol.35, #2. pp. 111-125.

Comments on “Just Between Us,” a play in one scene by Jeanette Berson. Enneagram Monthly, 1997 Vol. 3, # 6, p. 6 (written as if by C. Foxworthy).

Comments on Frivolous: A previously untranslated Socratic dialogue, Part I. Enneagram Monthly, 1997, Vol. 3, # 3, p. 16. (Written as if by C. Foxworthy).

Vrouwen, drugs en religie: agenda voor de volgende, 25 jaar, PANTA 16, najaar, 1996, pp. 7–8.

If Managed Care is the answer, what was the question? The Santa Clara County Psychological Association Newsletter, February 1995, pp. 3–4.

Jury System Strikes Out, San Francisco Chronicle – Letters to the Editor, December 8, 1994, Section A, p. 28.

Residential Psychology Degree Program in The Common Boundary Graduate Education Guide by C. Simpkinson, D. Wengell, and M.J. Casavant. Common Boundary, Inc., Bethesda, MD, 1994, pp. 17–19.

The good news and the bad news: medical uses for Marijuana. Perspective, February, 1994, p. 10.

Let my people Go: God faxes the Pope. *Perspective*, September/October, 1993, pp. 16, 22.

Overcoming abuse. *Perspective*, July/August, 1993, pp. 24–25.

Notes for an article on free speech. *Perspective*, May/June 1993, pp. 23–24.

Trauma of the Month Club. *Perspective*, March/ April, 1993, p. 14. Reprinted in *The Journal of Alternative Education*, IX, 1, 1994, pp. 83–85.

The sunny side of the street (as if written by Sam J. Namadif). *Perspective*, March/April, 1993, p. 16.

Let's get visible. *Perspective*, January/February, 1993, p. 14.

Transcending Limitations in Thinking Allowed, Jeffrey Mishlove (Ed). Council Oak Books, Tulsa, Oklahoma, 1992, pp. 181–190.

The ship is sinking. *Perspective*, December, 1992, p. 6.

Letter (report on the 1992 National Conference). *Perspective*, October, 1992, p. 4.

How come AHP is still so white? *Perspective*, July, 1992, p. 7.

Sexual issues in the workshop place. *Perspective*, June, 1992, p. 8.

Our internal Yugoslavia. *Perspective*, March/April, 1992, pp. 7, 11.

Notes from the trenches in the gender wars. *Perspective*, February, 1992, p. 11.

Let's do more falling in love. *Perspective*, December 1991, p. 9.

Transpersonal Community. *Perspective*, December 1991, p. 7.

The Multiplicity of the self – We are all more than one! *Perspective* /September, 1991, p. 8.

Creating Your Future through Effective Goal Setting. *New Realities*, Vol. XI, # 2, 1990, pp. 29–34.

Parenting. *New Realities*, Vol X, # 2, 1989, pp. 46–50.

Looking Just A Little Higher (interview with A. May). *Science of Mind*, Vol. 61, # 6, 1988, pp. 10–15, 74–79

Beyond the Institute of Transpersonal Psychology: Nine points of view. *Alumni Journal* Vol. 2, # 1, 1988, pp. 1–7.

Letter, *American Psychological Association Monitor*. November, 1986.

Comment: Forces That Inhibit Good Design. *Kitchen and Bath Concepts*, Vol. 2, # 6, November, 1986, pp. 8–12.

Goals and Communication: A Few Non-linear Considerations. *Stanford Seminar on Corporate Directorship*, Technical Report # 284, July 1984, pp. 63–68.

The Patient is Ill and Refusing Treatment. *Australian Journal of Transpersonal Psychology*, Vol. 4, # 1, 1984, pp. 15–20.

For Carl Rogers: An Appreciation. *Newsletter of the Association of Humanistic Psychology*, January, 1982, p. 8.

The Transpersonal Stance in Psychotherapy Process, M. Mahoney (Ed.). Plenum, New York and London, 1980, pp. 35–54. Reprinted in *The Australian Journal of Transpersonal Psychology*, Vol. 1, #1, 1981, 1–22.

Some Views on Effective Principals of Psychotherapy (with other authors). *Cognitive Therapy and Research*. Vol. 4, # 3, 1980, pp. 269–304. Reprinted in *Converging Themes in Psychotherapy* (M. Goldfried, Ed.), Springer, New York, 1982, pp. 155–190.

Transpersonal Psychotherapy (with K. Speeth). *Psychology Handbook* (R. Herink, Ed.), New American Library, New York, 1980, pp. 684–686.

Food and Nutrition, in *Health for the Whole Person* (J. Fadiman, A. Hastings, and J. Gordon, Eds.). Westview Press, Boulder, Colorado, 1980. Bantam, New York, 1981, pp. 247–262.

Eastern Spiritual and Physical Disciplines and Health: Annotated Bibliography (with A. Hastings and J. Gordon) in *Health for the Whole Person* (J. Fadiman, A. Hastings, and J. Gordon, Eds.). Westview Press, Boulder, Colorado, 1980. Bantam, New York, 1981, pp. 241–246.

You and Your Attitudes in *You are Somebody Special* (C. Shedd, Ed.). McGraw-Hill, New York, 1979. Revised for Second Edition, 1982, pp. 37–59.

Afterthought, in *Exploring Madness: Experience, Theory, and Research* (J. Fadiman and D. Kewman, Eds.). 2nd Edition, Brooks/Cole, Monterey, California, 1979, pp. 69–71.

Transpersonal Approaches. *Elementary School Guidance and Counseling Journal*, Vol. 14, # 2, December 1979, pp. 113–117.

Basic Assumptions of Integral Medicine, in *Psychological and Social Innovations in Medical Practice; Integral Medicine and Holistic Health* ( J. Gordon and D. Jaffe, Eds.). Human Sciences Press, Beverly Hills, California, 1979.

Letter. *The American Psychologist*, March, 1979, p. 282.

Is Mental Health Cost-Effective? *Newsletter of the Association for Humanistic Psychology*, September, 1979, p. 15.

Transpersonal Psychology and Counseling (interview with John Carlson). *The Wisconsin Counselor*, 1979.

Ground Rules for Integral Medicine. *Holistic Health Review*, Vol. 3, 1979, pp. 20–37.

The Transpersonal Stance in *Beyond Ego: Transpersonal Dimensions of Psychology* (R. Walsh and F. Vaughn, Eds.). Tarcher, Los Angeles, 1979, pp. 175–181.

Preface to *Beyond Individualism: The Psychology of Transformation* by Dane Rudhyar. Quest Books, Wheaton, Illinois, 1979, pp. ix–xiii.

Let us return the body to its rightful owner. *Newsletter of the Association for Humanistic Psychology*, November 1978, p. 18.

Koan and Luggage (with R. Frager). *Journal of Humanistic Psychology*, Vol. 17, # 4, 1977, pp. 69–70.

The Works of Idries Shah. *Co-Evolution Quarterly*, Spring, 1977, pp. 138–140.

Some Aspects of est Training and Transpersonal Psychology: A Conversation (with Werner Erhard). *Journal of Transpersonal Psychology*, Vol. 9, 1977, pp. 27–42.

The Reality of Madness (with D. Kewman), *Psychology for Our Time* (P. Zimbardo and C. Maslach, Eds.) (2nd Edition). Scott, Foreman, Glenview, Illinois, 1977, pp. 217–224.

The Prime Cause of Healing: The process of exploring and experiencing it. *Journal of Holistic Health*, Vol. 2, 1977, pp. 11–16.

Stories from the Inner World, in *The Experience of Psychosynthesis* (J. Fadiman, Ed.). Unpublished, 1976.

Interview: Transpersonal Psychologist Jim Fadiman (interviewed by Breck). Newsletter of the California Institute of Transpersonal Psychology, Fall, 1976, pp. 4–7.

Personal Growth in Yoga and Sufism (with R. Frager). *Journal of Transpersonal Psychology*, 1975, Vol. 7, pp. 66–81.

Psychology of Good (interviewed by V. McIntire). *Science of Mind*, October, 1974, Vol. 47, # 10, pp. 28–33. Reprinted in *Thought as Energy* (W. Kinnear, Ed.). *Science of Mind*, 1975, pp. 40–46.

The Case of the Yellow Wheat Field: A Dream-State Explanation of a Broadcast Telepathic Dream (with C. Tart). *The Psychoanalytic Review*, Vol. 61, 1974–75, pp. 607–618.

The Second Council Grove Conference on Altered States of Consciousness, *Journal of Transpersonal Psychology*, Vol. 2, # 2, 1970, pp. 169–174.

Selective Enhancement of Specific Capacities Through Psychedelic Training (with W. Harman), in *The Uses and Implications of Hallucinogenic Drugs* (B. Aaronson and H. Osmond, Eds.). New York, Doubleday Anchor Books, 1970.

Expendable Surrogate. *Medical Opinion and Review*, Vol. 5, # 2, 1969, pp. 72–75.

The Council Grove Conference on Altered States of Consciousness, *Journal of Humanistic Psychology*, 1969, Vol. 9, pp. 135–138.

Impomoea Purpurea: A Naturally Occurring Psychedelic (with C. Savage and W. Harman), in *Altered States of Consciousness* (C. Tart, Ed.). New York, Wiley, 1968, pp. 441–443.

Treatment of Alcoholism with Lysergide. Comment on the article by Smart et al. *Quarterly Journal of Studies on Alcohol*, Vol. 28, # 1, 1967, pp. 146–147.

Process and Outcome Variables in Psychedelic (LSD) Therapy (with C. Savage, R. Mogar, and Mary Allen), in *The Use of LSD in Psychotherapy and Alcoholism* (from the Proceedings of the Second International Conference on the Use of LSD in Psychotherapy, 1965) (Harold. Abramson, Ed.). New York Bobbs-Merrill, 1967, pp. 511–531.

Psychedelic Agents in Creative Problem-Solving: A Pilot Study (with W. Harman, R. McKim, R. Mogar, and M. Stolaroff). *Psychological Reports*, Vol. 19, 1966, pp. 211–227; Monograph Supplement 2-V19, reprinted in *Altered States of Consciousness* (C. Tart, Ed.). Wiley, New York, 1968, pp. 445–461. Republished, 1989.

The Effect of Psychedelic (LSD) Therapy on Values, Personality and Behavior (with C. Savage, R. Mogar, and Mary Allen). *International Journal of Neuropsychiatry*, Vol. 2, 1966, pp. 241–254.

*Genista Canariensis*: A Minor Psychedelic. *Economic Botany*, Vol. 19, 1965, p. 383. Reprinted as "Psychedelic Properties of *Genista Canariensis*" in *Altered States of Consciousness* (C. Tart, Ed.). Wiley, New York, 1968, pp. 367–368. Reissued, 1989.

Behavior Change Following Psychedelic (LSD) Therapy. Ph.D. Dissertation, Stanford University, 1965 (unpublished).

LSD. Therapeutic Effects of the Psychedelic Experience (with C. Savage, E. Savage, and W. Harman). *Psychological Reports*, Vol. 14, 1964, pp. 111–120.

Questionnaire Study of the Psychedelic Experience (with C. Savage and W. Harman), summarized in *Psychedelic Review*, 1964, pp. 21–23.

Caveat! The Psychedelic Experience (with C. Savage, M. Stolaroff, and W. Harman). *Journal of Neuropsychiatry*, Vol. 5, 1963, p. 4.

Aids to Enlightenment: The Psychedelic Experience. *Ersatz*, Vol. 1, January, 1963, pp. 15–24.

Distortion of the Body Image Under LSD and in Schizophrenia. Master's Thesis, Stanford University, 1962 (unpublished).

## Films/Videos:

*Video, "Microdosing for Health, Healing, and Enhanced Performance | Jim Fadiman and Jordan Gruber ~ ATTMind 197"*

By James W. Jesso of *Adventures Through The Mind*

(2 hours, 23 minutes), May 25, 2025

<https://youtu.be/CL2sDQwdZBM?si=JCKnVFc05OuxQgdm>

*Video, "Exploring Microdosing Benefits, Research, and Personal Experience"*

By Mike Nelson of *Flex Diet*

(56 minutes), May 13, 2025

<https://youtu.be/zAN9-0sCeBc?si=O8H2-euGCglbuXsM>

*Video, "Microdose Guidebook - Game Changer - JimFadiman interview"*

By Stephen Gray

(1 hour 6 minutes), April 15, 2025

<https://youtu.be/-HVmy-KXJz8?si=2IYZh0OCyd0SptC1>

*Video, “Dr. James Fadiman & Jordan Gruber: Microdosing for Health & Performance | Love You Wealth Podcast”*  
By Cesar Marin (Former CNN Producer) and Executive Wellness Coach Gary Seelhorst of Love You Wealth  
(1 hour 19 minutes), April 7, 2025  
[https://youtu.be/bKWjYyyCv0?si=52\\_k4J91VJ8tMO3z](https://youtu.be/bKWjYyyCv0?si=52_k4J91VJ8tMO3z)

*Video, “Psychedelics legalization will continue no matter who is president | James Fadiman and Jordan Gruber”*  
By Nick Gillespie of Reason TV  
(58 minutes), March 26, 2025  
[https://youtu.be/qOrBkLHqfX0?si=DWH8dh4\\_KO9ErNtG](https://youtu.be/qOrBkLHqfX0?si=DWH8dh4_KO9ErNtG)

*Video, “Psychedelics Expert: Microdosing's Benefits, Risks & How to Feel Better!”*  
By Dr. Mayim Bialik  
(1 hour 42 minutes), March 11, 2025  
[https://youtu.be/V7zNoWXGNBQ?si=SsZ6BvhcKqx\\_lSnI](https://youtu.be/V7zNoWXGNBQ?si=SsZ6BvhcKqx_lSnI)

*Video, “Microdosing For Health, Healing & Enhanced Performance with James Fadiman & Jordan Gruber”*  
By Hein Pijnaken of [Microdosing Institute Podcast](#)  
(1 hour 37 minutes), February 21, 2025  
<https://www.youtube.com/watch?v=lzljC-CBEqc>

*Video, “EP 304: James Fadiman PhD & Jordan Gruber JD (Psychedelic Specialists) - World Saving Podcast”*  
By Andy Frasco of World Saving Podcast  
(1 hour 6 minutes), January 21, 2025  
<https://www.youtube.com/watch?v=nQmTDs6tYCK>

*Video, “Webinar - Microdosing Breakthroughs: Research, Clinical Surprises, and New Dimensions in Coaching”*  
By The DoubleBlind Team  
(2 hours 12 minutes), November 17, 2024  
[https://www.bigmarker.com/doubleblind-mag/Microdosing-for-Health-Healing-and-Enhanced-Performance?bmid=0dddbc14e10e&bmid\\_type=member&bmid=0dddbc14e10e](https://www.bigmarker.com/doubleblind-mag/Microdosing-for-Health-Healing-and-Enhanced-Performance?bmid=0dddbc14e10e&bmid_type=member&bmid=0dddbc14e10e)

*Video, “Episode 107: James Fadiman - How Microdosing Can Change Your Life”*  
By Dan Riley of Keep Talking Podcast  
(1 hour 2 minutes), June 14, 2024  
[https://www.youtube.com/watch?v=CerX5eV\\_VLE](https://www.youtube.com/watch?v=CerX5eV_VLE)

*Video, “Try psychedelics. Access transcendence. | James Fadiman”*

By Big Think

(5 minutes 59 seconds), Feb 19, 2024

<https://www.youtube.com/watch?v=xFRZuh0f9Ys>

*Video, “James Fadiman’s Reel for Psychedelics, Sacred Medicine’s, Soul’s Purpose & Business Series”*

By Beth Weinstein of Medicine for These Times Podcast

(1 minute 5 seconds), September 21, 2023

<https://jamesfadiman.com/img/James-Fadiman-1--Reel-Psychedelics-Sacred-Medicines-Soul-Purpose-Business.mp4>

*Video, “Psychedelics: A Guide to MICRODOSING AND MEGADOSING w/ Jim Fadiman”*

By Aubrey Marcus

(1 hour 43 minutes), August 23, 2023

<https://www.youtube.com/watch?v=EnxAhrkVO7A>

*Video, “[Webinar Replay] Microdosing: Start Low, Go Slow”*

By Esalen

(58 minutes), December 6, 2022

<https://www.youtube.com/watch?v=eitlxQRPeQY>

*Video, “PT353 – Dr. James Fadiman, Dr. Sam Gandy, & Dr. David Luke – Psychedelics and Creativity”*

By Kyle Buller for Psychedelics Today

(1 hour, 30 minutes), September 8, 2022

<https://www.youtube.com/watch?v=ncX26dju9Yg>

*Video, “MINDSET Lecture Series: James Fadiman”*

By Icahn School of Medicine

(1 hour 1 minute), June 8, 2022

<https://www.youtube.com/watch?v=bQMa19jJTfo>

*Video, “A Macro View of Microdosing.”*

By The Petrie-Flom Center for Health Law Policy, Biotechnology

(1 hour, 34 minutes), April 22, 2022

<https://www.youtube.com/watch?v=r-XtgDZAzi0>

*Video, “Psychedelic Conversations | Dr. James Fadiman - Microdosing Psychedelics #36”*

By Susan Guner, Psychedelic Conversations



(1 hour, 5 minutes), Mar 6, 2022

<https://www.youtube.com/watch?v=RHefyDqXULQ>

*Video, "Table Talk w/ Dr. James Fadiman: Microdosing History, Citizen Science & the Future of Healing"*

By Microdosing Institute

(2 hours), May 26, 2021

<https://www.youtube.com/watch?v=GEUubZrg02M>

*Video, "James Fadiman on psychedelics for problem-solving, safe therapeutic journeys, and microdosing"*

By Jerry Brown

(49 minutes), February 17, 2021

<https://www.youtube.com/watch?v=Hg9fRBc4IjQ>

*Video, "Veterans Microdosing Webinar With James Fadiman"*

By San Francisco Psychedelic Society

(2 hours, 18 minutes, 2 seconds), November 17, 2020

<https://www.youtube.com/watch?v=jgxit5sZIOA>

*Video, "Wild Health Podcast - James Fadiman on Microdosing and Your Symphony of Selves"*

By Dr. Matt and Dr. Mike of Wild Heart Podcast

(45 minutes, 40 seconds), November 6, 2020

[https://www.youtube.com/watch?v=TT\\_G403Jlhk](https://www.youtube.com/watch?v=TT_G403Jlhk)

*Interview, "Dr. Jim Fadiman on Microdosing & Your Symphony of Selves"*

Dr. Richard Miller of Mind Body Health & Politics

(2 hours 4 minutes,) Oct 27, 2020

<https://www.youtube.com/watch?v=0qquZ1Bcj94>

*Video, "EntheoGeneration 2020 Multiverse: Individual Quad - James Fadiman, PhD & Kwasi Adusei, DNP, PMHNP-BC"*

MAPS for the EntheoGeneration multigenerational speaker series for Burning Man 2020: Multiverse

(1 hour, 21 minutes, 11 seconds) Sep 1, 2020

[https://www.youtube.com/watch?v=tV\\_B1LyqUBc](https://www.youtube.com/watch?v=tV_B1LyqUBc)

*Interview, "Microdosing: A conversation with James Fadiman"*

By Science and Nonduality

(41 minutes, 50 seconds), January 7, 2020

<https://www.youtube.com/watch?v=lrGXGSf9Vjg>

*Interview, "Microdosing: A conversation with James Fadiman"*

By Science and Nonduality

(41 minutes, 50 seconds), January 7, 2020

<https://www.youtube.com/watch?v=lrGXGSf9Vjg>

*Symposium, "The Remarkable Results of Microdosing: James Fadiman"*

Science and Nonduality

(39 minutes,) Apr 18, 2019

<https://www.youtube.com/watch?v=6AfFM8pfy4s>

*Symposium, "Microdosing: The Benefits, Risks, & Unknowns w/ Jim Fadiman & Ayelet Waldman"* Psychedelic Seminars

(1 hour, 44 minutes,) Oct 22, 2018

The symposium starts at 15 minutes and 15 seconds into the video.

<https://www.youtube.com/watch?v=4fjV82MojVk>

*Webinar Symposium, "From Microdosing to Mystical Experiences: Reports from the Field"* The Toronto Psychedelic Society

(1 hour, 33 minutes, 21 seconds, Video) Jan 20, 2018

<https://www.youtube.com/watch?v=cmfW25doED4&feature=youtu.be>

*Are psychedelics the new medical revolution?*

by Ardavan Psy

(10 minutes, 32 seconds, Video) September 11, 2017

*At the Origins 15 Fadiman*

by Russian Television

(27 minutes, 11 seconds, Video) August 2017

Dr. Fadiman commented: "The first 2 1/2 minutes of this have the soundtrack in English over the soundtrack in Russian. Once Dr. Fadiman comes on, the sound is fine. This interview was part of a series for Russian Television."

<https://www.youtube.com/watch?v=HwQJc7HUGXw>

*#11 – The King of Micro-Dosing, Dr. Jim Fadiman*

by The Daniel Cleland Experience

(32 minutes, 6 seconds, Video) May 2017

<https://www.danielcleland.com/podcasts/11-king-micro-dosing-dr-jim-fadiman/>

*Psychedelic Science Series - Ep. 2 with Dr. Jim Fadiman*

by Andrea Gilbert and Daniel Cleland

(32 minutes, 6 seconds, Video) May 2017

<https://www.youtube.com/watch?v=-ZS6-hTGF2Q-video-has-been-removed>

*Psychedelic Drugs: The Future of Mental Health*

ReasonTV

Overview of the MAPS Psychedelic Science Conference 2017, Dr. Fadiman appears at at 1:32–1:39, 3:38–3:50, and 7:48–8:00.

(9 minutes, 22 seconds, Video) May 2017

[https://www.youtube.com/watch?v=RdHCfq2jn\\_c](https://www.youtube.com/watch?v=RdHCfq2jn_c)

*Microdosing: The Phenomenon, Research Results, and Startling Surprises*

Psychedelic Science Conference

MAPS Multidisciplinary Association for Psychedelic Studies

(1 hour, 2 minutes, 5 seconds, Video) April 2017

<https://www.youtube.com/watch?v=JBgKRyRCVFM&feature=youtu.be>

*Mind SuperMind with Jim Fadiman, New Paradigms and New Tools for the Mind*

by SBCC School of Extended Learning

(2 hours, 8 minutes, 30 seconds, Video) February 27, 2017

<https://www.youtube.com/watch?v=s1XK4IHS4dQ>

*"The Today Show" with Dr. James Fadiman as a guest*

NBC

Interview with Ayelet Waldman features Dr. James Fadiman at 2:36–2:59.

(4 minutes, 35 seconds, Video) February 8, 2017

<http://www.today.com/offsite/lsd-in-microdoses-can-improve-mood-productivity-some-claim-872494659553>

*In Depth: Why Silicon Valley techies are 'Microdosing LSD'*

NBC KRON TV (San Francisco, CA) March 10, 2017

(15 seconds, Promotional video)

<https://www.facebook.com/plugins/video.php?href=https%3A%2F%2Fwww.facebook.com%2F213907248654997%2Fvideos%2F1354781097900934%2F&show>

Transcript:

<http://kron4.com/2017/02/28/in-depth-why-silicon-valley-techies-are-microdosing-lsd/>

*On the Transpersonal with James Fadiman, Ph.D. (1997)*

The Transpersonal Cinema Project

(16 minutes, 48 seconds, Video) November 2016

[https://www.youtube.com/watch?v=V\\_gz7qJz4sE&t=218s](https://www.youtube.com/watch?v=V_gz7qJz4sE&t=218s)

*"SF Peak Performance" Meetup 06: Dr. James Fadiman & Dr. Molly Maloof*

San Francisco Peak Performance

(1 hours, 6 minutes, Video) May 2016

<https://www.youtube.com/watch?v=mJpko5WBF78>

*Psychedelic Experience: New Uses and Research Conference*

MAPS Multidisciplinary Association for Psychedelic Studies

(33 minutes, 28:19 -1:01:56, Video) April 2015

<https://www.youtube.com/watch?v=1K0v9p4UDFs>

*Jim Fadiman on "Cultural Implications of Altered State of Consciousness"*

Max Velmans

(1 hour 31 minutes 49 seconds, Video) Aug 2014  
<https://www.youtube.com/watch?v=vDCAWD9oG44>

*James Fadiman - Can Psychedelics Accelerate Scientific Problem Solving*  
By gaiamedia  
(58 mins, Video) April 21, 2014  
<https://www.youtube.com/watch?v=jybuGQquA28>

*Dr. James Fadiman's Keynote Address, Global Transpersonal Symposium*  
Association of Transpersonal Psychology and Sofia University  
(56 mins, Video) February 2014  
<http://youtu.be/mUsGnnz8dJE>

*Psychedelics and the Study of Perception, James Fadiman*  
Science and Nonduality Conference (25 mins, Video) October 2013  
<https://www.youtube.com/watch?v=62AA4F40RNc>

*Scientific Problem Solving with Psychedelic*  
MAPS/ Multidisciplinary Association for Psychedelic Studies (45 mins Video)  
May 2013  
<https://www.youtube.com/watch?v=KtL5fafpRKc>

*Psychedelic Experience with Dr. James Fadiman and Brad Burge, Communications Director of MAPS*  
Sofia University (2 hrs, 24 mins Video) May 2013  
(video was removed)

*Can Psychedelics Accelerate Scientific Problem Solving: The Research and the Possibilities* 12th Annual International Bioethics Forum (59 mins, Video) April 2013  
<http://youtu.be/bww739CxA7c>

*Workshop with Dr. Thomas B. Roberts, Psychedelic Horizons Beyond Psychotherapy*  
MAPS Multidisciplinary Association for Psychedelic Studies, 2nd Annual Psychedelic Science Conference (52 mins, Video) April 2013  
<https://www.youtube.com/watch?v=mwAL8O76ICI>

*Science and Sacraments*  
Participant interviewee in the documentary film (51 Mins, Video) March 2013  
<http://www.youtube.com/watch?v=dwPjt-AqH60>  
<http://scienceandsacraments.com/>  
<http://scienceandsacraments.com/science-and-sacraments-clips/>

*MAPS Event - Buddhism and Psychedelics, Part 2 of 3*  
MAPS/ Multidisciplinary Association for Psychedelic Studies (49 mins, Video)

January 2013

<https://www.youtube.com/watch?v=ZyeYH4xKoaY>

*James Fadiman Talks about His Experience with Psychedelics*

Pioneers in Research Series, footage from 1998 (11 mins Video) January 2013

<https://www.youtube.com/watch?v=zDh4Vi82KV8>

*James Fadiman: Psychedelic Explorer's Guide*

Sane Society, Tom Palmer (30 Mins 22 Secs, Video) September 2012

<http://www.youtube.com/watch?v=A34x6W-3lJI>

*SF/BA Evolver Interview with Dr. James Fadiman, PhD., San Francisco Bay Area Evolver* (26 mins 56 secs Video), May 2012

[http://www.youtube.com/watch?v=sQGc1WpNhUg&feature=player\\_embedded](http://www.youtube.com/watch?v=sQGc1WpNhUg&feature=player_embedded)

*Are psychedelics a portal to awakening? - James Fadiman(short interview),*

SCIENCE AND NONDUALITY/SAND (1 min, 38 secs Video) May 2012

[http://www.youtube.com/watch?v=zsas\\_9n1Yus&feature=player\\_embedded](http://www.youtube.com/watch?v=zsas_9n1Yus&feature=player_embedded)

*James Fadiman: Varieties of Psychedelic Experience (Book Reading), East West Bookstore* (10 mins 15 secs Video), April 2012

[http://www.youtube.com/watch?v=6t8jMZjbjoM&feature=player\\_embedded](http://www.youtube.com/watch?v=6t8jMZjbjoM&feature=player_embedded)

James Fadiman, PhD: A Return to the Center: Liberation From a Medical Model, Entheo-Visioning: Exploring Entheogenic Potentials Conference – San Francisco, CA (1 hour 2 mins 4 secs Video), April 2012

[http://www.youtube.com/watch?v=cSI6lm8WP3M&feature=player\\_embedded](http://www.youtube.com/watch?v=cSI6lm8WP3M&feature=player_embedded)

*MAPS Event - Buddhism and Psychedelics, Part 1 of 3, MAPS/ Multidisciplinary Association for Psychedelic Studies, (53 mins, Video ) December 2012*

[http://www.youtube.com/watch?v=RYnheKnpmGs&feature=player\\_embedded](http://www.youtube.com/watch?v=RYnheKnpmGs&feature=player_embedded)

*MAPS Event - Buddhism and Psychedelics, Part 2 of 3, MAPS/ Multidisciplinary Association for Psychedelic Studies, (53 mins, Video ) February 2012*

[http://www.youtube.com/watch?v=ZyeYH4xKoaY&feature=player\\_embedded](http://www.youtube.com/watch?v=ZyeYH4xKoaY&feature=player_embedded)

*MAPS Event - Buddhism and Psychedelics, Part 3 of 3, MAPS/ Multidisciplinary Association for Psychedelic Studies, (53 mins, Video ) March 2013*

[http://www.youtube.com/watch?v=RYnheKnpmGs&feature=player\\_embedded](http://www.youtube.com/watch?v=RYnheKnpmGs&feature=player_embedded)

*Jim Fadiman: Psychedelic Research & Creativity Studies at MAPS First Friday Art Tour, Multidisciplinary Association for Psychedelic Studies* (42 mins 46 secs, Video), April 2012

[http://www.youtube.com/watch?v=CoVEJtVo1go&feature=player\\_embedded](http://www.youtube.com/watch?v=CoVEJtVo1go&feature=player_embedded)

*ITP professor Jim Fadiman discusses his new book, Sofia University (then Inter Transpersonal Psychology) (14 mins 16 secs, Video), September 2011*  
[http://www.youtube.com/watch?v=2gAcXdokL7c&feature=player\\_detailpage](http://www.youtube.com/watch?v=2gAcXdokL7c&feature=player_detailpage)

*Jim Fadiman's interview with Mel Van Deusen on the Present! of KMVT - Mountain View, CA (28 mins, 16 secs, Video), November 2011*  
[http://www.youtube.com/watch?v=4WiYqTPsxhk&feature=player\\_embedded](http://www.youtube.com/watch?v=4WiYqTPsxhk&feature=player_embedded)

*Seeking the Divine Within with James Fadiman, Ph.D., Present! of KMVT - Mountain View, CA (27 mins, 36 secs, Video), November 2011*  
<http://www.youtube.com/watch?v=YqSqwOai2K4>

*Psychedelics as Entheogens: How to Create and Guide Successful Sessions - James Fadiman, Ph.D, MAPS/Multidisciplinary Association for Psychedelic Studies, (46 mins 25 secs, Video) Feb 2010*  
<https://vimeo.com/16189201>

*Discovery: LSD exploration. National Geographic Television(45mins 23secs-Video). October 2009.*  
[http://www.youtube.com/watch?v=QgUFqAdGN24&feature=player\\_embedded](http://www.youtube.com/watch?v=QgUFqAdGN24&feature=player_embedded)

*Stealing America, vote by vote. Concentric Media, (90 Min.) 35 mm. film), 2008. Co-Producer. <https://vimeo.com/2019192>*

*Groove (2000)35 mm. film. Associate producer. Sony Classics*

*Rumi, Sufi poet and Sage (a reading with musicians), Esalen Institute Archives, 2000.*

*James Fadiman: Transcending Limitations (excerpt) - Thinking Allowed with Jeffrey Mishlove, Thinking Allowed, (10 mins 6 secs, Video), 1988*  
<http://www.youtube.com/watch?v=vvumVNsyXSU&>

*Multiple Personalities: A way of understanding, New Medicine (1 hour Video), NMT-V46, 1992.*

*A Reformulation of Ideas about the Self, International Transpersonal Association (1 hour video), Conference Recording Service, V-ITC88-002, 1988. Lecture.*

*Transcending Limitation: (J. Mishlove, host) in series Thinking Allowed, # S120 (30 min. Video), 1987. Also in Transforming Awareness: Video Quartet with V. Satir, C. Tart, and R. Metzner. # Q174.*

*San Francisco Mix: Wanting and Needing. Produced by KQED, San Francisco, for Public Broadcasting Service (30 min. color film), 1971. Co-producer and writer.*

*San Francisco Mix: Borning*. Produced by KQED, San Francisco, for Public Broadcasting Service (60 min. color film), 1970. Writer.

*Drugs: The Children Are Choosing*. Series produced by KQED, San Francisco; videos distributed by National Instructional Television Center; films through University of California Extension Division Films (each film 30 min. color), 1969. Writer and on-camera instructor. Titles:

- *Understanding the Issues*
- *The History and Allure of Drugs* (with F. Myers, M.D.)
- *Cultural Factors in Drug Use*
- *The Need for A Dialogue*
- *What Some are Doing*
- *Toward More Effective Communication*

### **Audio Tapes/ Podcasts:**

*Interview with Joe Moe, (47 minutes), February 2025*

<https://maximumfun.org/episodes/depressh-mode/microdosing-with-james-fadiman-and-jordan-gruber/>

*Interview with Emily Francis, (57 minutes), February 2025*

<https://youtu.be/YF22sUrb7Vc?si=cMkZ733Mfl UYUul>

*Interview with Dana Harvey, (1 hour, 52 minutes), February 2025*

[https://open.spotify.com/embed/episode/32i1t9h3Bvs7QtCE088Zyu?utm\\_source=generator&t=3423174](https://open.spotify.com/embed/episode/32i1t9h3Bvs7QtCE088Zyu?utm_source=generator&t=3423174)

*Interview with Zach Leary, (1 hour, 7 minutes), February 2025*

<https://podcasts.apple.com/us/podcast/episode-04-jim-fadiman-and-jordan-gruber-microdosing/id1217974024?i=1000691145325>

*Interview with Andy Frasco, (1 hour), January 2025*

<https://www.worldsavingpodcast.com/season-8#/ep-304-james-fadiman-phd-jordan-gruber-phd-psychedelic-specialists/>

*Interview with Jon Reiss, (49 minutes), March 2024*

<https://plantscendence.com/episodes/james-fadiman/>

*Interview with Dr. David Rabin, (1 hour, 18 minutes), May 2023*

<https://the-psychology-podcast-with-scott-barry-kaufman.simplecast.com/episodes/jim-fadiman-orchestrating-your-symphony-of-selves-zbTTYDRI>

*Interview with Scott Barry Kaufman, (58 minutes), September 2022*

<https://the-psychology-podcast-with-scott-barry-kaufman.simplecast.com/episodes/jim-fadiman-orchestrating-your-symphony-of-selves-zbTTYDRI>

*Interview with Professor David Nutt*, (1 hour, 2 minutes), February 2022

<https://share.transistor.fm/s/668b40d2>

*Interview with Jake Feinberg*, (1 hour, 29 minutes), February 2022

<https://anchor.fm/jake-feinberg/episodes/The-James-Fadiman-Interview-e1ephpp/a-a6ml9re>

*Interview with Microdosing Institute*, (2 hours), May 2021

<https://open.spotify.com/episode/2Trtk6fVgpuquiKHltISVr>

*Interview with Jim Rutt and Jordan Gruber*, (1 hour, 32 minutes), May 2021

<https://www.jimruttsow.com/symphony/>

*Interview with Oteil Burbridge Mike Finoia*, (1 hour, 14 minutes), April 2021

<https://www.osirispod.com/podcasts/comes-a-time/comes-a-time-episode-41-dr-fadiman/>

*Interview with Sam Harris*, (1 hour, 3 minutes), March 2021

<https://podcasts.apple.com/us/podcast/242-psychedelics-and-the-self/id733163012?i=1000514151084>

*Interview with Paul Austin*, (1 hour, 26 minutes), February 2021

<https://psychedelia.libsyn.com/psychedelics-from-the-60s-to-commercialization-what-a-long-strange-trip-its-been>

*Interview with Ben Greenfield* (1 hour, 14 minutes), February 2021

<https://bengreenfieldfitness.com/podcast/brain-podcasts/microdosing/>

*Interview with Dr. Lynn Marie Morski*, (1 hour, 32 minutes), December 2020

<https://www.plantmedicine.org/podcast/podcast/microdosing-james-fadiman-adam-bramlage>

*Interview with Paul O'Brien of Pathways Radio*, (27 minutes), August 2020

<https://divination.com/pathways-podcast/your-symphony-of-selves/>

*Interview with Dr. Lynn Marie Morski*, (1 hour, 32 minutes), August 2020

<https://open.spotify.com/episode/5zgPqBSSHnOh8yTO0nOPRp?si=gCfPsVR6Qs-G2qM2GEShlg>

<https://www.plantmedicine.org/podcast/microdosing-james-fadiman>

Transcription:



<https://static1.squarespace.com/static/5d28f73b41951900011c98ad/t/5f3c1942343aa768cfeeb287/1597774147385/James+Fadiman+Episode.pdf>

*Interview with [Terrence McNally](#)* (Fadiman interview starts at 0:36:12 and runs for 18 mins), July 2012

[http://temcnally.podomatic.com/entry/2012-07-24T12\\_32\\_35-07\\_00](http://temcnally.podomatic.com/entry/2012-07-24T12_32_35-07_00)

*Interview with [Lorenzo Hagerty](#) and [Matt Pallmary](#), [the Psychedelic Salon](#)* (1hour 21 minutes), March 2012

<http://matrixmasters.net/archive/JamesFadiman/302-FadimanBook01.mp3>

*Interview with [Elaine Smitha](#), the [Progressive Radio Network](#)* (53 minutes), January 2012 <http://prn.fm/2012/01/04/evolving-ideas-010412/#axzz2Jn7EMTNZ>

*Interview on [New York Open Center](#)* ( 2 minutes 14 seconds ), December 2011

[http://www.youtube.com/watch?v=WvtTKdeURkc&feature=player\\_embedded](http://www.youtube.com/watch?v=WvtTKdeURkc&feature=player_embedded)

*Interview with [Suzanna Axisa](#), [Lanto's Lantern](#)* (1 hour), December 2011

<http://itunes.apple.com/podcast/lantos-lantern-suzanna-axisa/id262641206>

*Interview with [Barb Adams](#), [Radio Amerika Now](#)* (1 hr 10mins), December 2011

<http://jamesfadiman.com/audio/radioamerikanow-barb-adams-3-dec-2011.mp3>

*Interview with [Stephanie Potter](#), [The Recovery Zone](#) on [KBOO](#) of Portland, OR* (57 mins),

The Sixties Live on in the 21<sup>st</sup> Century. New Dimensions, # 2908, 2002.

Honoring the Elders. ATP annual conference August 3–6, Vancouver. Conference Recording Service, Berkeley, California, 2000.

Sufi Wisdom (with Robert Frager). New Dimensions, # 2684, 1999.

Stories: Stepping stones to alternate realities. ATP annual conference. August 3–6, 062 (four tapes), Conference Recording Service, Berkeley, California, 1995.

Psychedelics and Creativity: early research in a contemporary context (with Willis Harman and Robert McKim). August 3–6, 025 (two tapes), Conference Recording Service, Berkeley, California, 1995.

A New Agenda for the Next Twenty Years. Sounds True Recordings, Boulder, Colorado, 1993. New Dimensions Conference, Oregon, ND-21.

Getting Involved with Sufi Stories. Conference Recording Service, Berkeley, California, Spiritual Paths and Traditions, 1995, ITP -12B.

Multiple Personalities: A way of understanding successful personality growth. Sounds True Recordings, Boulder, Colorado, 1992.

Pratfalls and Grace: The Clown in the Shadow. Association for Transpersonal Psychology, # 049, Conference Recording Service, Berkeley, California, 1991.

Honoring Your Multiplicity. Association for Transpersonal Psychology, # 015 (2 tapes), Conference Recording Service, Berkeley, California, 1991.

Being in the Right Mind at the Right Time: Imagery and Multiple Personality. 4th International Conference on Imagery, American Imagery Institute, Marquette University, Milwaukee, Wisconsin, 1991.

The Pleasures of Meditation. Great American Audio, 1989.

The Braided Self: A Reformulation of Ideas about the Self. Conference Recording Service, Berkeley, California, ITC88- 4, 1988.

Creating Freedom. New Dimensions, # 2056, 1987.

Stories of Knowing (with Joe Miller). Co-Creative Productions, Berkeley, California, 1984.

A Weekend of Stories (4 tapes). Dolphin Tapes, P.O. Box 71, Big Sur, California, 1984.

Transcending The Fixations (6 tapes). Healing Light Center Church, Glendale, California, 1984.

Meditations for Transcending the Fixations. Healing Light Center Church, Glendale, California, 1984.

Transpersonal Psychology and Psychosynthesis (2 tapes). Psychosynthesis Training Center, Northfield, South Australia, 1983.

What is Transpersonal Experience? Sydney, Australia, Search Centers, 1982.

Hasidic and Sufi teaching stories. Dolphin Tapes, P.O. Box 71, Big Sur, California, 1980.

The End of Monotheism: A Failed Experiment. Kenwal Electronics Pty. Ltd., Victoria, Australia, 1980.

Transpersonal Psychology: A World View. Kenwall Electronics Pty. Ltd., Victoria, Australia, 1980

Psychotherapy. Cognetics 205A, 205B, 884A, 884B, 1979.

On Attention (with K. Speeth). ATP Conference, Asilomar, July, 1979, Cognetics 1007.

Giving Yourself Permission to be Successful. National Conference on Human Resources Management Systems. Convenient Cassette Service, 1979.

Living, Loving and Learning. Center for Integral Medicine, Second Annual Conference, Los Angeles, California, 1978.

Applications of the Holistic Medical Model. Tucson, Arizona, Speedy Tape, 1978.

Transpersonal Psychology: The Full Range of Human Experience. Many Faces of Psychology Conference. Butterfly Media, Marin, California, 1978.

Dialogue with James Hillman and Rollo May. Many Faces of Psychology Conference. Butterfly Media, Marin, 1978.

Stress Without Distress. Medisette, Inc., Washington, D.C., 1977.

The Inner Way to Weight Control. Medisette, Inc., Washington, D.C., 1977.

The New American Medicine: Ways of Coping with Stress and Tension. Cognetics # 585, 1977.

New Health Through Mental Imagery. Cognetics, # 486, 1977.

Show and Tell. Cognetics, # 329, Transpersonal Frontiers Conference, 1977.

The Mind Can Do Anything. Butterfly Media, San Diego, 1977. KQED-FM, 1977.

Ground Rules for Integral Medicine. Mind as Healer, Mind as Slayer Conference, Center for Integral Medicine, 1977.

Human Nature: Yoga, Zen and Sufism. University of California, Extension Media Center, (3 tapes) AT 348: A, B, C, 1976.

Introduction to Holistic Health. Cognetics, # 727, 1976.

Out of Your Mind. Marin, Butterfly Media, 1976.

Out of Your Mind. Portland, Butterfly Media, 1976.

Ground Rules for the New Medicine II. Butterfly Media, 1976.

Self-Regulation for What? A Transpersonal Perspective. University of Santa Clara, Futurethink, 1976.

The End of Physical Medicine. Center for Holistic Health, San Diego, 1976.

Why Get Sick; Why Not Go Crazy? University of California at Santa Cruz, Extension Division, 1976.

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September 22, 2023

Psychedelics, Sacred Medicine's, Soul's Purpose & Business Series

September 1, 2020

The Ketamine Research Foundation

The K Dome/MicroDome Camp of The Infinite Playa (online 2020 Burning Man)

Talk title: "Microdosing Past Present and Future–the Whole Story"

July 26, 2020

DoubleBlind Magazine's Zoom Webinar

Talk title: "Microdosing: The Science, Benefits, and Limitations"

June 17, 2020

Vincent D. Faini's Livestream on Facebook

Talk title: "IDEAS THAT CAN HEAL THE WORLD!"

January 18, 2020

Intermountain Psychedelics Symposium

Salt City Psychedelic Therapy and Research

Salt Lake City, Utah

Keynote Speaker

Talk title: "The Magical Mysteries of Microdosing Psychedelics"

January 17, 2020

Salt Lake City Public Library  
Salt City Psychedelic Therapy and Research  
Salt Lake City, Utah  
Talk title: “Transpersonal Psychology, the Psychedelic Renaissance and the Magical Mysteries of Microdosing”

October 26, 2019  
2019 Portland Psychedelic Conference  
Portland Psychedelic Society  
Portland, Oregon  
Keynote Speaker  
Talk title: “Microdosing, the Next Psychedelic Frontier”

September 15, 2019  
San Jose Institute of Contemporary Art  
San Jose, CA  
A discussion with Zach Leary  
Talk title: “Psychedelic Medicine”

April 25, 2018  
MAPS  
Santa Cruz, CA  
A webinar with Dr. Fadiman, Dr. Erika Dyck, and Dr. Mendel Kaelen.  
Webinar title: “Discovering LSD: Science, Music, and Microdosing”  
<http://www.maps.org/lsd75#webinar3>

April 21, 2018  
Talkback after Adam Strauss’s performance of “THE MUSHROOM CURE”  
The Marsh  
San Francisco, CA  
[https://themarsh.org/mushroom\\_cure/adam-strauss/](https://themarsh.org/mushroom_cure/adam-strauss/)  
<https://www.broadwayworld.com/san-francisco/article/The-Marsh-Announces-Talk-Back-Line-Up-for-THE-MUSHROOM-CURE-20180406>

April 21, 2017  
MAPS Psychedelic Science 2017  
Oakland, CA  
Talk title: “Microdosing: The Phenomenon, Research Results, and Startling Surprises”  
<https://www.youtube.com/watch?v=JBgKRyRCVFM&feature=youtu.be>

February 27, 2017  
Center for Lifelong Learning  
Santa Barbara, CA  
Talk title: “Presenting New Paradigms and New Tools for the Mind”

May 11, 2016

Peak Performance Meetup  
San Francisco, CA

<https://www.meetup.com//PeakPerformance/events/230522350/>

October 23 – 24, 2015

Conference of Consciencia de la Ciencia a la Espiritualidad  
Mexico

July 14, 2015

Post-Screening Discussion for the documentary, “Dying to Know: Ram Dass & Timothy Leary”

Roxie Theatre, San Francisco, CA

[http://www.roxie.com/ailec\\_event/dying-to-know/?instance\\_id=8232](http://www.roxie.com/ailec_event/dying-to-know/?instance_id=8232)

October 9, 2013, Claremont McKenna College, Claremont, CA

<http://cmcforum.com/news/10102013-james-fadiman-psychedelic-research-and-applications>

April 29, 2013, University of Wisconsin, Madison

<http://www.today.wisc.edu/events/view/61831>

<http://www.businesswire.com/news/home/20130416005172/en/Join-Lynda-Barry-Matthieu-Ricard-James-Fadiman>

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February 2012, University of California, Santa Cruz, “Shattering Certainty: The Promise and Pitfalls of Psychedelics”

<http://www.maps.org/media/view/taking-psychedelics-to-the-next-level/>

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The Psychology of Religion: Classic and Contemporary Views by David M. Wulff. Vol. 23, # 2, 1991, pp. 84–85.

The Right To Be Human: A Biography of Abraham Maslow by Edward Hoffman. Vol. 21, 1989, pp.209–211.

The Power of Silence: Further Lessons of Don Juan by Carlos Castaneda. Vol. 20, 1988, p.93.

Handbook of States of Consciousness (Benjamin Wolman and Monague Ullman, Eds.). Vol. 18, 1986, p. 192.

A Bridge of Dreams: the Story of Paramananda by Sara Ann Levinsky. Vol. 17, 1985, p. 88.

Rumi, Fragments and Ecstasies translated by Daniel Liebert; Open Secret: Versions of Rumi, translated by Coleman Barks and John Moyne; The Ruins of the Heart, Selected Lyric Poems of Jela'uddin Rumi, translated by Ed Helminski. Vol. 16, 1984, pp. 243–244.



Abstracts of the Standard Edition of the Complete Psychological Works of Sigmund Freud by Carrie Lee Rothgeb; Abstracts of the Collected Works of C.G. Jung by Carrie Lee Rothgeb and Siegfried Clemens. Vol. 16, 1984, 244.

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Flashbacks: An Autobiography by Tim Leary. Vol. 15, 1983, pp. 238–239.

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Psychic Exploration: A Challenge for Science, edited by Edgar Mitchell and John White, Vol. 7, 1975, p. 94.

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Approaches to Meditation, by Virginia Hanson (Ed.). Vol. 5, 1973, p. 106.

New Pathways in Psychology, by Colin Wilson. Vol. 5, 1973, p. 106.

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Golf and the Kingdom, by Michael Murphy. Vol. 4, 1972, p. 211.

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Paths beyond Ego: The Transpersonal Vision by Roger Walsh & Frances Vaughan – An Intelligent Guide. Institute of Noetic Sciences, Vol. 5, # 2, 1993 (and subsequent issues).

A Gnostic Book of the Hours by June Singer – An Intelligent Guide. Institute of Noetic Sciences Vol. 5, #1, 1993 (and subsequent issues).

Lila: An Inquiry into Morals by Robert M. Persig – An Intelligent Guide, Institute of Noetic Sciences, Vol. IV, # 1, 1992, p. 23.

Unconditional Life: Mastering the Forces that Shape Personal Reality by Deepak Chopra – An Intelligent Guide. Institute of Noetic Sciences, Vol. IV, # 1, 1992, p. 12.

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